

Oliver Outerbridge

PORTLAND ★ WATER BOARD

END FLUORIDATION NOW!

Dear Portland Residents,

I am running for the Portland Water Board because of my concerns about fluoridation and its associated health risks. These risks are especially high for infants, the elderly, and those suffering from kidney and thyroid functions, as even the American Dental Association admits. We must ask, how can we as a society, choose or accept a system of involuntary mass-medication, delivered through the public water supply? At what dose, for whom, and for how long? I believe all medical decisions should be made by individuals in consultation with their doctor(s).

The compound used by the Portland Water District is not pharmaceutical grade fluoride. It is Hydro Fluorosilicic Acid, a by-product from the manufacture of phosphate fertilizers, and a known neurotoxin that contains arsenic, lead and chromium. It is the main ingredient in prozac, sarin gas, and rat poison. In addition, fluoride's purported benefits are achieved topically, that is, applied directly to the teeth via toothpaste and mouthwash. Such products warn against swallowing them and direct the consumer to seek assistance from poison specialists in such instances.

The League of Young Voters finds "the idea of attempting to remove fluoride [from the public water supply] in one year's time to be politically naïve." They don't know me very well; I am like a duck: calm above the surface, paddling like hell underneath.

The Portland Water Board, as currently constituted, is decidedly pro-fluoride. It is time to change that. Please, *please!* **Elect me to the Portland Water Board** so that we may have a fair, open, and balanced debate on this important health issue!

To your health!

Candidate Oliver Outerbridge



OLIVER OUTERBRIDGE, 48, is a graduate of the United Nations International School, Colby College, and the Institute for Integrative Nutrition. He is a former candidate for Senate in District #11, a French-trained Chef and a Holistic Health Counselor.

Noteable Quotes:

"I am appalled at the prospect of using water as a vehicle for drugs. Fluoride is a corrosive poison that will produce serious effects on a long range basis. Any attempt to use water this way is deplorable."

—Dr. Charles Gordon Heyd, past president of the American Medical Association.

"The E.P.A. should act immediately to protect the public, not just on the cancer data, but on the evidence of bone fractures, arthritis, mutagenicity and other effects."

—Dr. William Marcus, Senior Toxicologist at E.P.A.



"In summary, we hold that fluoride is an unreasonable risk. That is, the toxicity of fluoride is so great and the purported benefits associated with it are so small-if there are any at all- that requiring every man, woman, and child in America to ingest it borders on criminal behavior on the part of governments."

—Dr. William Hirzy, Senior Vice President, US E.P.A. Union

"In an age when man has forgotten his origins and is blind even to his most essential needs for survival, water along with other resources has become the victim of his indifference."

—Rachel Carson, author of Silent Spring

"Why you wanna poison me / with your chemical concoctions in the water?"

—Trillion, "The Fluoride Song" (please view it on YouTube)

"Today's mighty oak is yesterday's nut that held its ground." Elect the ^{HEALTH}nut!

Outerbridge for Water Board

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Paid for by the campaign to elect Oliver Outerbridge for Water Board